



MEXICO CROSS COUNTRY "RUN DXC"

~ AUTUMN CLASSIC ~

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EVENT: Cross Country Race

DATE: Tuesday 17, 2017

LOCATION: Green Estates Park, Mexico Missouri



REGISTRATION: please enter your rosters by **Friday Oct 13th** using the following online registration link:

<https://form.jotform.com/jwilbers/AUTUMNCLASSIC>

Checks can be brought to the meet and made payable to Mexico Public Schools: \$40.00 Team, \$160.00 max per school. \$10.00 per athlete if they don't have complete team.

DIRECTIONS:

Please pick-up your team packets from the check-in area located at the Finish Line as soon as you arrive.

- From Highway 54: Take the main Mexico exit at the Walmart, proceed North into town, after passing McDonalds and El Vaquero restaurant turn East (right) onto Teal Lake Rd. Make a left onto Huntingfield Rd and park in the gravel lot by the shelter.
- From Highway 22: Proceed to the first stop light and turn South onto Muldrow(Right), East onto Boulevard(Left), South onto Clark(Right), and East (left) onto Teal Lake Rd. Make a left onto Huntingfield Rd and park in the gravel lot by the shelter.



PARKING: Busses will be directed to park in the **gravel lot** indicated on the map. Automobiles will be directed to park on the **grass parking just north of the shelter.**
PLEASE SEE THE MAP ON THE LAST PAGE OF THIS FLIER ...

TEAMS PARTICIPATING:

(updated 10-5-17. Final lineup may vary)

Blair Oaks
Boonville
Centralia
Eldon

Helias
Kirksville
Marion County
Mexico

Moberly
School of the Osage
St. Dominic

RACE SCHEDULE & AWARDS

Coaches meeting @ 3:50 (meet near the start line)

Varsity Girls @ 4:10 medals to the top 15 & top 7 runners from the number 1 & 2 teams

Varsity Boys @ 4:50 medals to the top 15 & top 7 runners from the number 1 & 2 teams

JV Boys & Girls 5:20 medals to the top 15 each gender, given in chute

Team & Varsity Awards ASAP in the area of the finish line following last race.

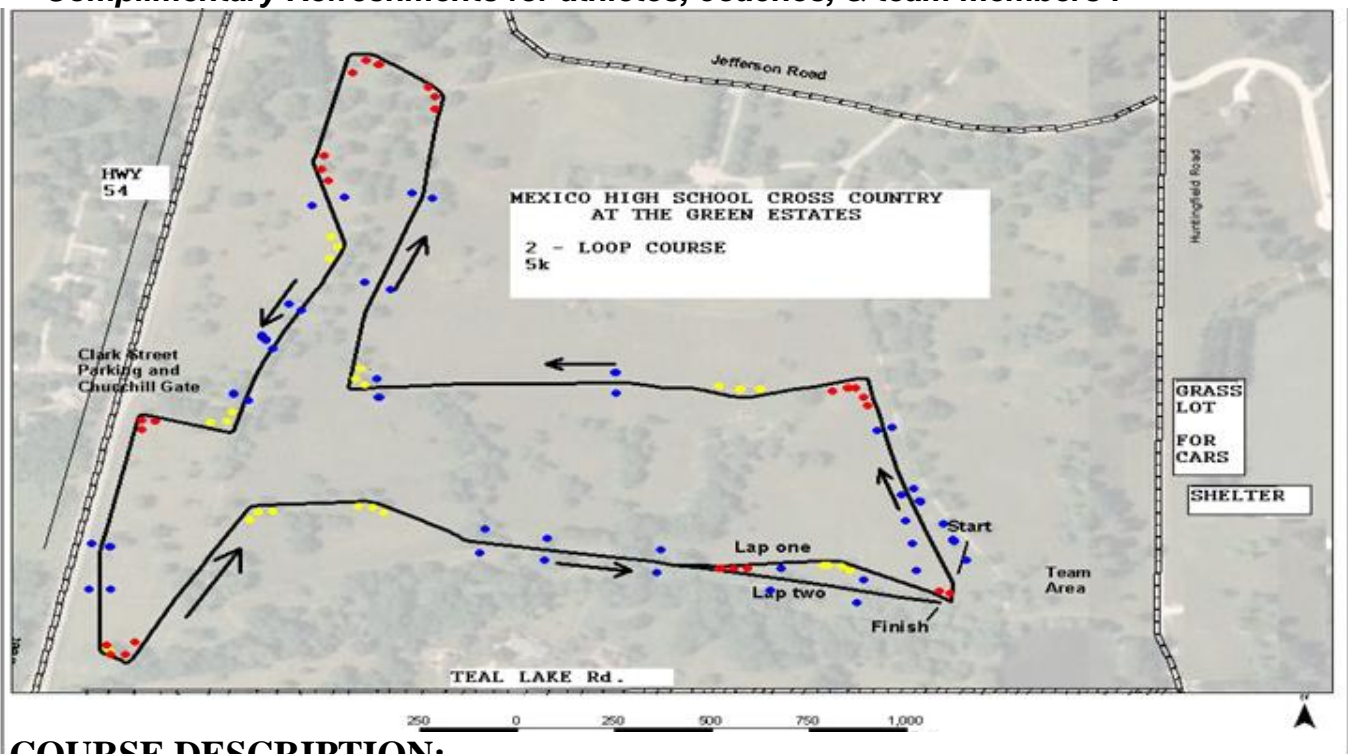
*In the event of rain awards may be given in the chute
and/or sent with Coaches at the conclusion of the meet.*

SCORING:

- Each team has been assigned a set of **NUMBERED BIBS**. **YOU WILL RECEIVE THESE AS SOON AS YOU ARRIVE AND CHECK IN !** Please make sure to match the correct **NAME & NUMBER** with the correct **ATHLETE** (you will receive a list at registration). Affix the **BIB** to the front of the athletes running singlet using safety pins, but be sure the bottom tear of portion will cleanly tear-off.

OTHER NOTES:

- Warning gun will be fired by the race official **5-minutes** before each race. There will be a 3-meter step-up line. The command will be "*on your marks*"
- **Awards ceremony** will follow approximately 10 minutes after the conclusion of the JV race. It will take place near the registration table. Team Scores, Team Awards, and Individual VARSITY medals will be announced and handed out during the ceremony (JV medals will be given in the chute). Results will be EMAILED by 8AM the following morning (or sooner!) and available for you to hand copy immediately after awards
- **We have ICE & a CERTIFIED TRAINER for EMERGENCIES.**
- **Porta-Potties** will be on the course near the start line
- Please **CLEAN UP YOUR TEAM AREA** at the conclusion of the race.
- **Custom T-shirts will be on-site with all participating schools listed (\$12 - \$20)**
- **Complimentary Refreshments for athletes, coaches, & team members !**



COURSE DESCRIPTION:

Gently rolling hills, all grass surfaces with the exception of 3 short sidewalk crossings. The course will be marked by a white painted line and NHFS standard blue, yellow, and red flagging. This is a two loop, 5000m race, with a straight-away finish located in proximity to the start line.

Good Luck and Have Fun! - Coach Wilbers

