Kirksville 2025 Summer Track and Field Camps

Monday, July 14	Tuesday, July 15	Wednesday, July 16	Thursday, July 17	Friday, July 18
sprints + hurdles	sprints + hurdles	sprints + hurdles	sprints + hurdles	sprints + hurdles and
5-6 p.m.	5-6 p.m.	5-6 p.m.	5-6 p.m.	field events
	field events	field events	field events	CAMP WRAP UP
	6-8 p.m.	6-8 p.m.	6-8 p.m.	5-8 p.m.

What: We're back again with both our field events camp **and** sprints + hurdles camp!

Field Events Camp: Long jump, triple jump, high jump, pole vault, shot put, discus, javelin (HS only)

Sprints + Hurdles Camp: sprints, high and low hurdles

No experience necessary!

When: July 14-18; see above for times

Where: Spainhower Field, Kirksville, MO

Who: athletes who will be in MS or HS for the 24-25 school year

We will have a fun and knowledgeable camp coaching staff ready to help you grow!

Cost: \$20 per camp; \$30 for both*

Funds will go to support the Kirksville Track and Field Program!

(*If the camp fee is going to be an issue, please let Coach Grace know and we'll make it work.)



Want to come?

Fill out the form from the QR code or <u>linked here</u>.

Fill out the permission form with parent/ guardian (linked in form).

Bring your camp fee.

Show up ready to rock on Monday or Tuesday!

Any questions can be emailed to Head Coach Anna Grace at <u>agrace@kirksville.k12.mo.us</u>.