

2018 NCMC Middle School Track Invitational Information

Date: Saturday, April 14 at 10 AM

Location: Mexico High School

Order of Events:

9:30 Coaches Meeting below bleachers in Fieldhouse (exchange zones assigned)
Scratches will take place at meeting. No adding at meeting.

10:00 All Field Events Begin (1hr. 30min. time limit. Four Jumps/Throws)
Discus (Girls/Boys) Finals 4 Throws
Shot Put (Boys/Girls) Finals 4 Throw
Long Jump (Boys/Girls) Finals 4 Jumps (Cafeteria Style)
Triple Jump (Girls/Boys) Finals 4 Jumps (Cafeteria Style)
High Jump (Girls/Boys) Starting Height will be determined at coaches meeting
Pole Vault (Boys/Girls)

10:30 Running Events (Rolling Schedule)
Girls/Boys 4 X 800 Meter Relay (This relay is not exhibition, it will be scored and medals given)
Girls/Boys 100 Meter Hurdles
Girls/Boys 100 Meter Run
Girls/Boys 4 x 200 Meter Relay
Girls/Boys 1600 Meter Run
Girls/Boys 4 X 100 Meter Relay
Girls/Boys 400 Meter
Girls/Boys 800 Meter Run
Girl/Boys 200 Meter
Girls/Boys 4 X 400 Meter Relay