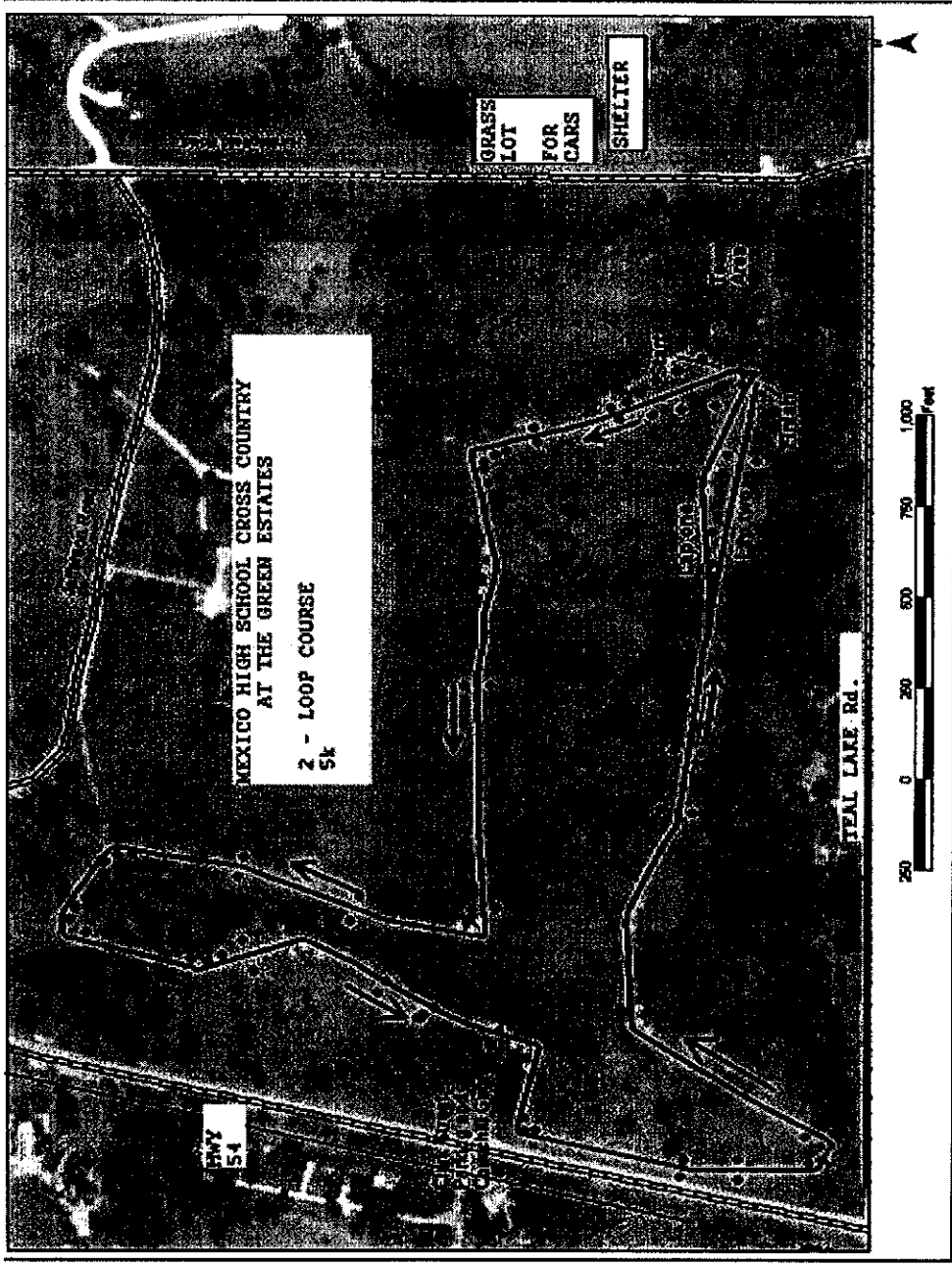


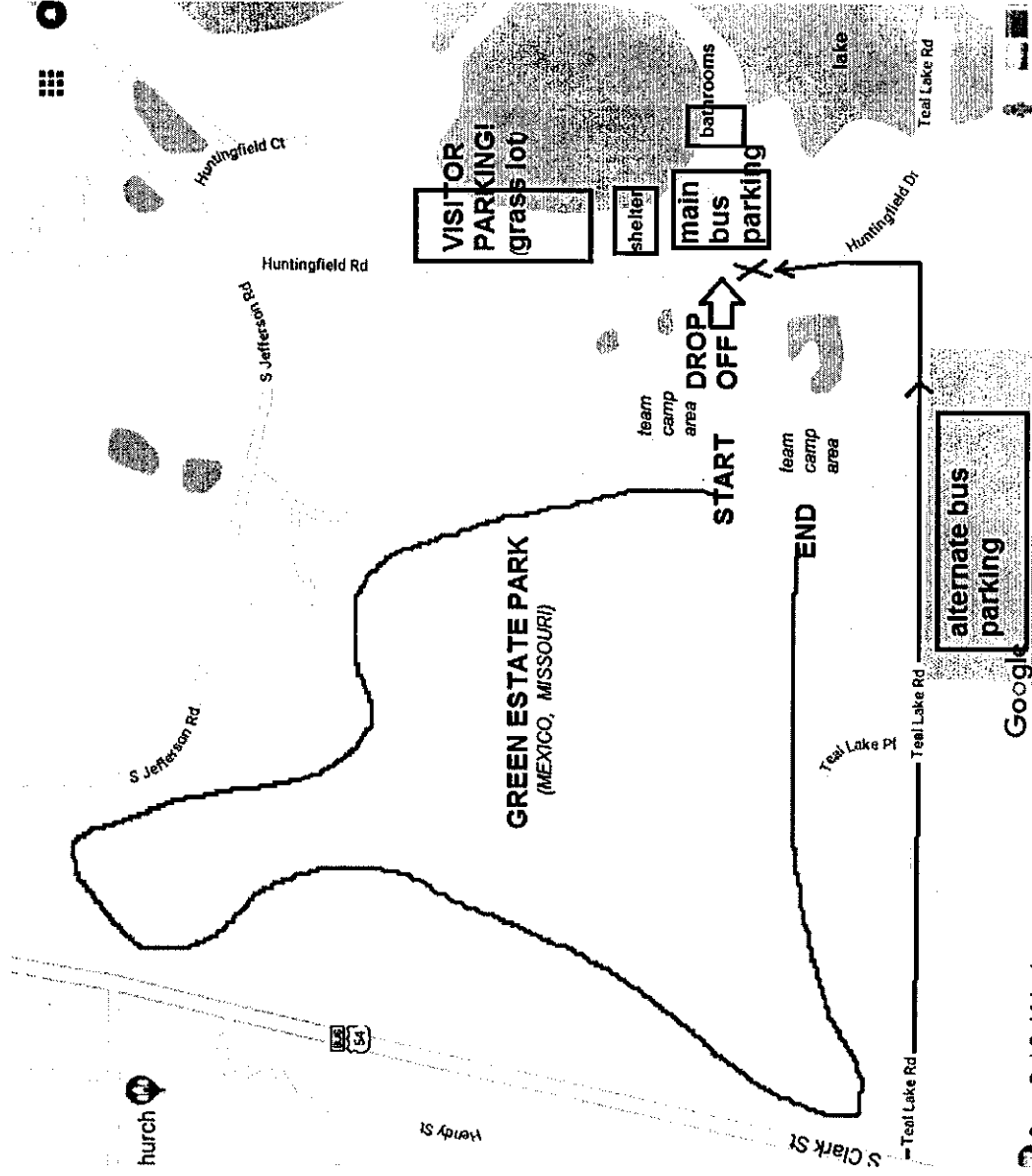


COURSE DESCRIPTION:

Gently rolling hills, all grass surfaces with the exception of 3 short sidewalk crossings. The course will be marked by a white painted line and NHFS standard blue, yellow, and red flagging. This is a two loop, 5000m race, with a straight-away finish located in proximity to the start line.

Good Luck and Have Fun! - Coach Wilbers

IMPORTANT DRIVING & PARKING INFORMATION
(next page)



BUS PARKING:

If the main bus parking becomes full, busses may use the athlete drop-off and drive around the block to "alternate parking" located at the Lowe Conservation area around the corner on Teal Lake Road.

SPECTATOR PARKING:

Parents / automobiles **MUST** park in the **GRASS LOT** near the shelter on Huntingfield Road. THE GRAVEL IS RESERVED FOR BUS PARKING, NO CARS IN THE GRAVEL SHELTER PARKINGLOT (except handicapped marked vehicles)

DRIVING INSTRUCTIONS:

- *From Highway 54: Take the main Mexico exit at the Walmart, proceed North into town, after passing McDonalds and El Vaquero restaurant turn East (right) onto Teal Lake Rd. Make a left onto Huntingfield Rd and park in the gravel lot by the shelter.*
- *From Highway 22: Proceed to the first stop light and turn South onto Muldrow(Right), East onto Boulevard(Left), South onto Clark(Right), and East (left) onto Teal Lake Rd. Make a left onto Huntingfield Rd and park in the gravel lot by the shelter.*