Frank Lemons Invitational

Saturday, October 9th, 2021 American Legion Golf Course

Welcome to the 41st Frank Lemons Invitational. We are glad you have come to our meet and wish you luck.

DIVISION AND TIME SCHEDULE:

Coaches Meeting in Finish Chute 8:40am
Middle School Girls 9:00am
Middle School Boys 9:30am
Varsity Girls (5000m) 10:00am
Varsity Boys (5000m) 10:30am
JV Boys/JV Girls (5000m) 11:00am

There will be a Varsity awards presentation immediately after the last race.

LOCATION: American Legion Golf Course

3819 Hwy MM, Hannibal, MO 63401

***Turn west on MM (between Hardees & Ayerco) American Legion will be at the top of the hill on the left

hand side

PLEASE advise fans and athletes that EVERYONE must stay off the putting greens.

<u>SCHOOL PACKETS:</u> Packets containing meet supplies (numbers, pins, tags, clips, maps, etc.) are prepared for each school.

<u>EQUIPMENT:</u> Competitors may wear either flat soled shoes or spikes. All competitors will be provided with an identification tag number to be pinned to the right front of their jersey.

<u>BUSSES:</u> Busses may drop off the athletes at the American Legion Golf Course, but will need to park at the American Legion Hall. The Legion Hall is located just past the golf course on the left.

<u>THE START:</u> Starting positions will be marked on the outside of the packet. A warning shot will be sounded 5 minutes prior to the start of each race. It is the responsibility of each runner to be on the starting line and ready to run at the designated starting time.

***If there is inclement weather the day of the race, we will use a rolling schedule.

THE RUN: The course will be 5000 meters in length. The course is marked with flags, ropes, and cones.

<u>THE FINISH:</u> There will be a single chute at the finish. Runners must stay on their feet and move through as fast as possible. If a jam-up occurs, the runners shall place their right hand on the shoulder of the runner in front keeping as close to him as possible. Each runner will receive an official placement card at the end of the chute which will give his finish place. Coaches please assist depleted athletes through the chute until recovery.

<u>SCORING:</u> Coaches shall print on the envelope provided the names and number of their runners in the order they finish. Tabulate the total for the first five runners only, but record all 7 runners. The place cards shall be put into the envelope and turned in at the scoring table immediately. This is a back-up scoring system only. The official scores will be determined by using the tag system.

<u>TIMING</u>: All finishers will be chip timed using cameras by Big River Race Management. All finish places and times will be 100% verified.

MEET RESULTS: Results will be available online during the meet HERE and will be sent to MileSplit afterwards as well.

<u>ENTRIES:</u> All registrations must be done on MOMileSplit. All registrations are due Friday 10/8 by 8:00 AM. Late entries will NOT be accepted.

ENTRY LIMITATIONS: Varsity Boys & Girls 1 to 7 entries, JV is unlimited.

ENTRY FEE: \$75 for Boys JV/V Team or \$5/runner if less than 10 (\$75 covers both JV & Varsity)

\$75 for Girls JV/V Team or \$5/runner if less than 10 (\$75 covers both JV & Varsity)

Team Total for V Boys and V Girls = \$150

\$75 per Middle School Coed Team or \$5/runner if less than 10 (\$150 covers both boys & girls team)

Make checks payable to **Hannibal High School**. *Please hand carry to the meet.*

AWARDS: (Varsity) 8x10 plague for Individual Champions and Team Champions; Top 15 will receive medals

(JV) Top 15 will receive medals

(MS) Top 10 will receive medals. The winning team will receive 7 medals.

ENCLOSED PLEASE FIND A MAP OF THE COURSE.

Jim Coniglio, Head Cross Country Coach 573-221-2733 or email jconiglio@hannibal60.com Clint Graham, Activities Director 573-221-3180 or email jconiglio@hannibal60.com

^{**}races may start before the scheduled time if the previous race finishes early.